## Problem bingo

## How problematic are you?



Fake Friends

**Jealous** 

Can't stop saying "like" Can't stay

Eats too much

Always depressed Gets bullied Not open to change

Picky

Can't stop getting sick

Anxiety

Chews/
bites nails

Free space

Lonely

rightmares

ADHD

Eats too little

Has a depressing

Couch potato

l'as insomnia

Wishes you were someon; else

Obsesses over

Gender dysphoria Uses seif

Pick me